

long circuit for the young at

DESCRIPTION

A long steady circuit (and good road bike ride) on the upper and lower roads between Albany and Denmark.

The best time for this ride is on the weekend when there is less traffic on South Coast Highway.

For a shorter circuit use Marbellup or Rutherford side roads. A southwest wind often provides a tail wind on the return trip.

Take a break at Youngs Siding or Elleker, or visit Cosy Corner Café on the way back.



Grade:	Difficult (long, busy road)
Distance:	75 kms
Highest Point:	73m
Riding Time @ 15kph:	5 hours approx
Riding Time @ 30kph:	2 hrs 30 mins approx

REFRESHMENTS AND ATTRACTIONS

Youngs Siding General Store, Lower Denmark Road (08) 9845 2010.

Cosy Corner Cafe, 256 Cosy Corner Road (08) 9845 1000.

Elleker General Store, Lower Denmark Road (08) 9844 6367. There are more cafes near the start of the ride and in the Town Centre. Pick up your copy of the Amazing Albany Dining Out Guide from the Albany Visitor Centre for more details.

ROUTE DIRECTIONS

Start: Town Square, York Street Albany.

- 1. Ride up York Street and along Albany Highway (shared path available).
- 2. Follow Albany Highway away from the Town Centre, through the large roundabout, then immediately left into South Coast Highway.
- 3. Follow this road (also called 'Upper Denmark Road') for almost 33 kms.

Detour or Short Cut Options

To ride on quieter side roads, turn left at Marbellup Road, right onto Lower Denmark Road and right into Rutherford Road, back to South Coast Highway. Or use either road as a short cut.

- 4. After the 33 kms, turn left into the Lower Denmark Road. Youngs Siding Store is 1.5 kms on the right.
- 5. Continue on Lower Denmark Road, past the turn off to Cosy Corner. The Café is 2.5 kms from the corner.
- 6. Pass through Elleker (or turn right to loop through Grasmere see Ride 8 for details).
- 7. Follow Lower Denmark Road back to Albany. At the T-Junction at Frenchman Bay Road, turn left.
- 8. Cross the railway line, right onto the busy Princess Royal Drive for 800m. Ride with care, large trucks use this road.
- 9. Left into Festing Street, then left again at the roundabout into York Street and back to the start.



