a family day out or 3 easy rides

DESCRIPTION

One leisurely ride or three short rides - to Middleton Beach, Emu Point and on to the Lower King Bridge at Oyster Harbour.

It is the only route totally on a shared path (cyclists and pedestrians) and is suitable for families and recreational cyclists who prefer not to ride on the road.

The route follows the Ellen Cove Boardwalk through native bush and around the side of Mt Clarence, with lookout points and tracks to places of interest along the way.

The path to Emu Point follows the coastline and passes wetlands and bird watching areas.

Take your camera as the views over Princess Royal Harbour and King George Sound are spectacular. Remember to give way to pedestrians.

Grade:	Easy - Family Friendly
Distance return:	35 kms
Highest Point:	49m
Riding Time @ 15kph:	2 hrs 20 mins approx

REFRESHMENTS AND ATTRACTIONS

Middleton Beach - popular swimming beach, playground, bike hire, several cafes and restaurants.

Emu Point - picnic area, sheltered swimming beach, bike hire, café.

Fishing Boat Marina next to Emu Point - see pelicans, buy local seafood.

Three Anchors Cafe, 2 Flinders Parade, Middleton Beach (08) 9841 1600.

Hybla Bar & Grill, 11 Flinders Parade, Middleton Beach (08) 9841 1120.

Bay Merchants Cafe, Adelaide Crescent, Middleton Beach (08) 9841 7821.

Emu Point Café, next to the beach (08) 9844 7207.

Lower King General Store, 629 Lower King Road, 600 metres before the Bridge.

Rats Bar, Adelaide Crescent, Middleton Beach (08) 9842 6331

ROUTE DIRECTIONS

Start: Lawley Park, Brunswick Rd, 500m from town.

Town Centre to Middleton Beach 9 kms Return

- 1. Follow the shared path to the end of Brunswick Road.
- 2. The path continues and meanders through native bush, around the slopes of Mt Clarence and across boardwalks down to Middleton Beach.

Middleton Beach to Emu Point 8 kms Return

- 3. Continue on the path along the foreshore, passing the Surf Club, the caravan park, and then through a small car park near the dog beach.
- 4. The path then winds through coastal bushland a few metres in from the beach. Watch for other path users on the narrow and winding section.
- 5. The path leads to Emu Point, a good place to swim, picnic or visit the café. It's a short ride to the nearby small boat harbour where you can often see pelicans and can buy local seafood.
- 6. Return the same way to the start, or do the longer ride to Lower King Bridge see below.

Emu Point to Lower King Bridge (extra 18 kms)

- 7. Return back on the shared path. After about 1.5 kms turn right at Griffiths Street and cross Emu Point Road onto the shared path.
- 8. Follow the path over Collingwood Road, into Brewster Road and up the 'zigzag' to Lower King Road. The shared path (on the right) leads all the way to the Lower King Bridge.
- 9. Return back the same way to Emu Point and the Town Centre.



