



DIRECTIONS

A paddle that follows the beach and is exposed to large swell suitable for experienced paddlers with high levels of fitness.

Launch at the western end of Cosy Corner Beach and consider exploring the nearby islands before heading east parallel to the beach.

Part way along the beach there is a small area of reef close to shore – take care in this area.

Towards the eastern end of the beach, view surfers making the most of the large swell. The beach on the inside of the island is always sheltered and a good landing location. Only explore the channels heading east of the island in good conditions.

To travel to the start point from the Town Square (30km) drive down York Street and turn right (west) onto Princess Royal Drive. At Frenchman Bay Road turn left and then, immediately after the railway line, right onto Lower Denmark Road. Travel approximately 25km west and then turn left (south) onto Cosy Corner Road and continue to the beach.

Grade:	S04
Distance:	7 kms one way
Time:	2 hours
Recommended Launch Point:	Cosy Corner Beach
Alternative Launch Points:	Between coast and Muttonbird Beach

DESCRIPTION

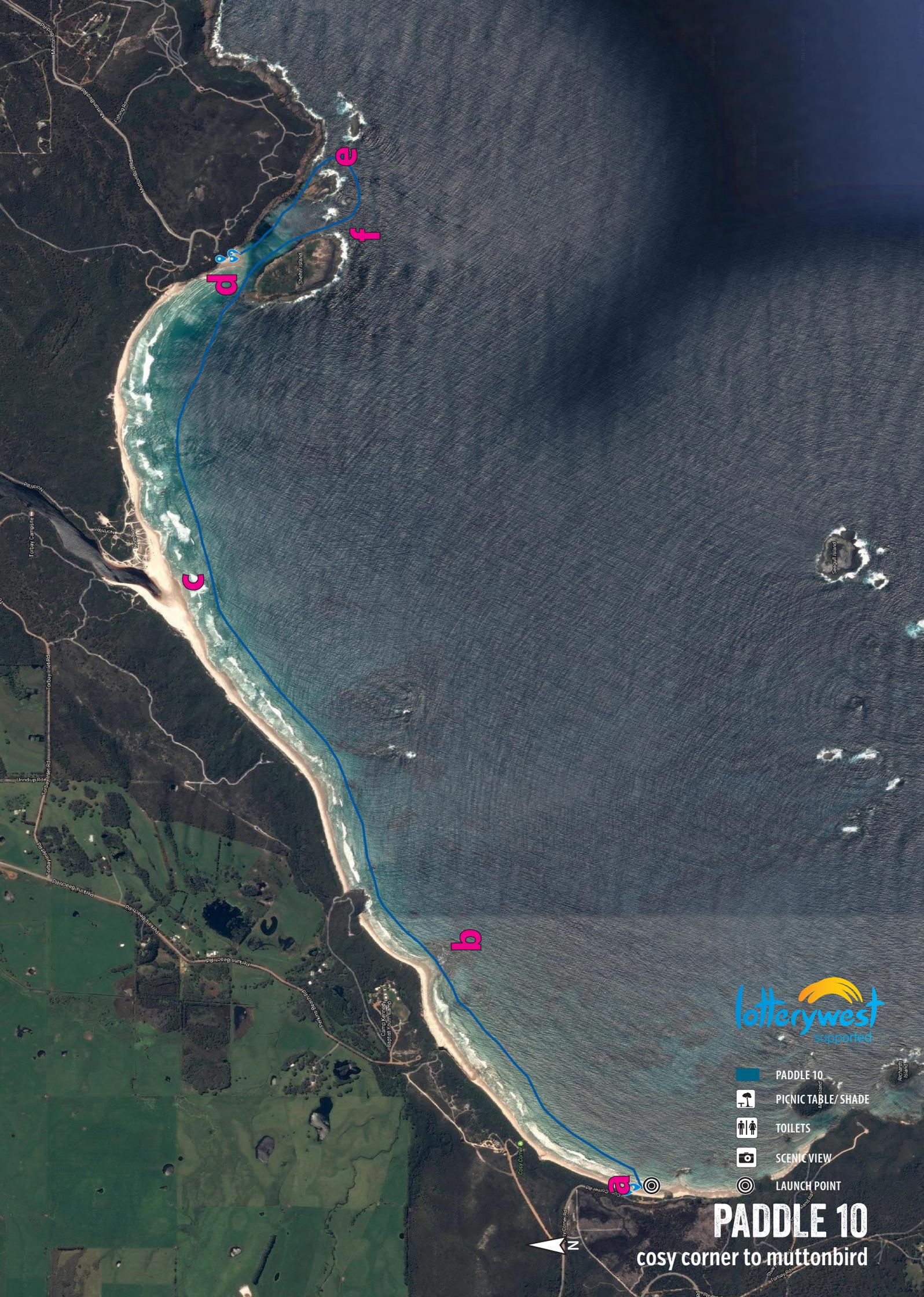
To launch, park in the gravel car park area and carry your craft onto the beach. Alternatively, paddlers with a 4WD can continue on the sand track which has a ramp onto the beach.

1. Launch off the beach where there is generally small surf. Surf is usually smallest at the western end of the beach (a).
2. Take the opportunity to explore around the nearby islands but be careful of shallow reefs in this area.
3. About a third of the way east along the beach there is a small area of reef close to the shore. Generally it is safe to paddle on the shore side of the reef but if in doubt paddle safely around the outside.
4. The eastern end of the beach (c) is popular with surfers because of the breaking waves. Be careful not to paddle close to the break zone here.
5. Muttonbird Beach (d) on the inside of the island always has sheltered waters and is a perfect place to land and have a bite to eat. This is an alternative launch site but requires a significant distance carrying your craft.
6. The channel on the inside of the island (e) is initially protected but can become treacherous and lumpy under big swell with significant wave rebound off the rocks as you exit at the eastern end. Only explore here on low swell days or if very competent and experienced.
7. The outer channel between the two islands is an alternative to return to the sheltered beach. However this can be treacherous in big conditions and has shallow sections of reef on both sides. If in any doubt it is safest to paddle on the ocean side of the island.



SAFETY FIRST!





-  PADDLE 10
-  PICNIC TABLE/ SHADE
-  TOILETS
-  SCENIC VIEW
-  LAUNCH POINT

PADDLE 10

cosy corner to muttonbird

